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EXPERIENCE

● Freelance Research Consultant

2019–Present

- Collaborated with a global clientele—including *academicians, researchers, ed-tech firms, healthcare professionals, and government bodies*—to design and deliver tailored research solutions across diverse domains, including projects with scientists ranked among the world’s top 2%.
- Featured in national media, including television interviews and leading newspapers, in recognition of high-impact consulting work and research contributions.

● Mercer | Mettl

2022 – Oct 2024

Senior Research Analyst
Psychometric Assessments Research

- Played a key role in the team that secured British Psychological Society (BPS) certification for one of the company’s flagship personality assessments (MPM-L).
- Received two individual “Spot Awards” for exceptional performance, along with a third award shared with select team members in recognition of high-impact collaborative work.
- Represented the organization at prestigious national and international forums, including the International Test Commission (ITC), International Meeting of Psychometric Society (IMPS), and International Congress of Psychology (ICP).
- Earned commendation from the CEO for demonstrating international thought leadership by co-developing and presenting the company’s proprietary research framework at globally recognized forums. Contributed to the organization’s strategic visibility and global positioning in the field of psychometrics.
- Led multiple industry-academia collaborations and delivered expert-led workshops, training programmes, and webinars for top-tier institutions, including Charles University (Czech Republic), Banaras Hindu University, Christ University, O.P. Jindal Global University, and Lovely Professional University (India).

- **Banaras Hindu University**

Doctoral Candidate and Senior Research Fellow 2019–Aug 2022
 Doctoral Student and Junior Research Fellow 2017–2019

- **Kautage Furnishings Pvt Ltd, Gurugram, India**

Consumer Researcher (Part-Time)

EDUCATION

Banaras Hindu University 2017–2023
Doctor of Philosophy, Psychology
 (Organizational Behavior)
 Division I, CGPA: 9.28/10.00
 First Rank

Banaras Hindu University 2019–2020
Diploma in Statistics and Computing
 Division: I, CGPA: 10.00/10.00
 First Rank

Banaras Hindu University 2015–2017
Master of Arts, Psychology,
(Industrial–Organizational Psychology)
 Division: I, CGPA: 9.18/10.00
 First Rank; University Gold Medals – 2

Banaras Hindu University 2012–2015
Bachelor of Arts (Honours), Psychology
 Division: I, CGPA: 8.33/10.00
 Second Rank

PROFESSIONAL
ACCREDITATION

- **Assessment Practitioner Workshop: Item Response Theory in Practice** *Issued By:* Cambridge Assessment Network, Cambridge University Press and Assessment, United Kingdom.

- Feedback featured on Cambridge Assessment Network's official LinkedIn as part of their course promotion in recognition of intense engagement and contribution.

- **HUCAMA Factors Assessment Practitioner Accreditation**

Issued By: Human Capital Assessment

PSYCHOMETRIC TRAINING

- **Computerized Adaptive Testing and Multistage Testing with R**

Trainer(s): Dr Duanli Yan¹ and Dr Alian A. von Davier²

¹ Director, Data Analysis and Computational Research, Educational Testing Service (ETS); ² Chief of Assessment, Duolingo

International Meeting of Psychometric Society 2024, Prague University of Economics and Business, Prague, Czech Republic

- **Response Bias in Self-Report Measurements,**

Trainer(s): Dr Ricardo Primi and Dr Felipe Valentine

Professors, Graduate School of Psychology Assessment, University of San Francisco

International Test Commission Conference 2024, Granada, Spain

- **Solving the problems of ipsative data: Designing and scoring forced-choice and other questionnaires in comparative format**

Trainer: Dr Anna Brown

Professor of Psychometrics, University of Kent, England

International Test Commission Conference 2024, Granada, Spain

- **Questionnaire Translation/Adaptation: On Ensuring Equivalence in Cross-cultural Research**

Trainer(s): Dr Dorothee Behr and Dr Brita Dorer

Senior Researchers, GESIS- Leibniz Institute of the Social Sciences, Mannheim, Germany

International Test Commission Conference 2024, Granada, Spain

- **Rapid Prototyping of Generative AI Applications for Psychology**

Trainer: Colin Kemp

Senior Defence Scientist, Defence Research & Development Canada and the Department of National Defence, Canada

International Congress of Psychology 2024, Prague, Czech Republic

TECHNICAL
SKILLS
(Software/Tools)

Statistical Analysis

- IBM SPSS Statistics
- IBM SPSS Amos
- SmartPLS
- WarpPLS
- JASP
- Jamovi
- GNU PSPP
- Factor
- R Programming
- G*Power
- Microsoft Excel
- Stats Tool Package

Qualitative Analysis

- Atlas.ti
- NVivo
- Eviews
- Voyant

Meta-Analysis

- Cochrane RevMan
- Meta Essentials
- MetaXL
- MetaEasy
- JASP
- Jamovi

Scientometric/ Bibliometric Analysis

- VosViewer
- Publish or Perish

Reference Management

- Endnote
- Mendeley
- Zotero
- JabRef

Artificial Intelligence

- ChatGPT (Open AI)
- Gamma
- Firefly
- SlidesAI

HONORS,
AWARDS, &
ACHIEVEMENTS

2024 Member and Representative– India, Diversity and Justice Committee, International Test Commission

Invited to represent India in ITC’s Diversity and Justice Committee chaired by Dr Jeniffer Randall, University of Michigan, United States of America (USA) and Committee Liaison– ITC President.

2024 Panelist, Charles University, Czech Republic

Invited as a Panelist for a panel discussion on “Academic Careers in Psychology” for the Emerging Psychologist Programme 2024 by the International Congress of Psychology and Department of Psychology, Faculty of Education, Charles University, Prague, Czech Republic. Co-panelists were Dr Anna Vozková, Assistant Professor at the Czech University of Life Sciences Prague, and Dr Jack Simons, Associate Professor at Mercy College, New York, USA, and Visiting Research Scientist at Charles University.

2024 Mentor, International Meeting of Psychometric Society

Selected as a Mentor for graduate student members of the Psychometric Society, USA. One-to-one sessions scheduled for Candidate(s) from the University of Kent, England, at the Prague University of Economics and Business, Czech Republic.

2024 Mettl Personality Map (MPM–Likert) Tool Certified by the British Psychological Society (BPS)

Played an instrumental role in the team that achieved BPS certification for Mercer Mettl’s MPM Likert personality assessment tool. The accreditation validates compliance with the psychometric testing standards of the European Federation of Psychologists Associations (EFPA), ensuring the tool's reliability and accuracy in personality assessments.

2023 Appreciation Letter, Ministry of AYUSH, Government of Uttar Pradesh, India

Honoured with a commendation by the Ministry, I served as the lead research analyst in psychometrics and data analysis for a crucial AYUSH government project during the height of the COVID–

19 crisis in India. This initiative significantly bolstered district-level public health endeavours. I had the privilege of working alongside distinguished scientists, who are recognized among the top 2% globally by Stanford University.

2023 Appreciation Letter, Chief Minister Office, Government of Uttar Pradesh, India

Honoured with an appreciation letter from the Hon'ble Chief Secretary of Uttar Pradesh, Shri Durga Shanker Mishra, IAS, for leading and authoring a pioneering longitudinal research report conducted across government hospitals and facilities in Uttar Pradesh. This significant research initiative, supported by both Shri Durga Shanker Mishra, IAS, and Smt. Leena Johri, IAS, Principal Secretary of the Ministry of Ayush and Stamp & Registration, Government of Uttar Pradesh, has made substantial contributions to the state's public health sector.

2023 Commendation by the Hon'ble Mayor of Varanasi, Government of Uttar Pradesh, India

Received a special commendation from the Honorable Mayor of Varanasi for my role as a psychometric researcher on a government project, where I developed a detailed questionnaire for state-level profiling of patients at government medical health facilities. This survey primarily assessed the prevalence of health issues and the utilization of traditional herbal medicines while also evaluating the effectiveness of these treatments.

2023 Bursary Award, The British Psychological Society, UK European Congress of Psychology, Brighton, United Kingdom

First Researcher from Banaras Hindu University to be awarded full bursary to attend and present research at the European Congress of Psychology (ECP) 2023.

ECP, held biennially, is the largest psychology congress in Europe and one of the most important international events in psychology, with attendees from over 70+ countries worldwide. Bursary winners also receive a scholarship, and BPS facilitates their interaction and networking with established scientists.

- 2021 **ICP Emerging Psychologist, Emerging Psychologists' Programme (EPP)**, International Union of Psychological Sciences (IUPsyS) and International Congress of Psychology (ICP) 2020+ , Czech Republic
- ICP, organized quadrennially, is the world's largest and most influential psychological event. Under ICP's EPP, 40 early career researchers are selected, from across the globe, for a 10-month international programme to promote communication and collaboration between these selected young scientists and future leaders from different countries and diverse cultural backgrounds.*
- 2021 **Highest Marks, One-Year Diploma in Statistics and Computing**, Department of Statistics, Institute of Science, Banaras Hindu University, India
- 2019 **Smt. Pratibha Singh Memorial Best Paper Award for the Best Paper of the Congress** at the 3rd Indian Congress of Industrial & Organizational Psychology (ICIOP), Guru Nanak Dev University, Punjab, India
- 2019 **Session Best Paper Award for the Best Paper of the Scientific Session** at the 3rd Indian Congress of Industrial & Organizational Psychology (ICIOP), Guru Nanak Dev University, Punjab, India
- 2018 **BHU Gold Medal for First Rank, M.A/M.Sc. (Psychology) Examination, Banaras Hindu University, 2017**
- 2018 **BHU Gold Medal (Late Shephali Nandy Memorial Gold Medal) for First Rank, M.A.(Psychology) Examination, Banaras Hindu University, 2017.**
- 2018 **Session Best Paper Award for the Best Paper of the Scientific Session** at the 1st Indian Congress of Industrial & Organizational Psychology (ICIOP), Department of Psychology, University of Rajasthan, Jaipur, India
- 2016 **University Grants Commission's National Eligibility Test (UGC NET)-Junior Research Fellowship (JRF) and Assistant Professor (Psychology)**
- 2016 **Prof. M.M. Sinha Memorial Endowment Scholarship**, Department of Psychology, Banaras Hindu University, India
- 2015 **All India Rank: 2, Banaras Hindu University Postgraduate Entrance Test (BHU PET) M.A/M.Sc. in Psychology, 2015.**

- 2015 **Postgraduate Course/Class Representative (Elected)**, Course: MA/MSc. (Psychology), Department of Psychology, Banaras Hindu University, India
- 2013 **Head Leader (Elected)**, National Service Scheme, Mahila Mahavidyalaya (Women's College), Banaras Hindu University, India
- 2013 **Judge, College Fresher's Program**, Mahila Mahavidyalaya (Women's College), Banaras Hindu University, India
- 2013 **Third Prize, English Debate**, The Cultural Association, Mahila Mahavidyalaya (Women's College), Banaras Hindu University, India
- 2012 **All India Rank: 1, Banaras Hindu University Undergraduate Entrance Test (BHU UET)- B.A. (Hons.) in Social Sciences, 2012**

CORPORATE RECOGNITIONS/ AWARDS

2024 **Commendation by Mercer Mettl's CEO**

Recognized by the CEO for co-developing and presenting a proprietary research framework linking personality traits with cybersecurity risk behaviours at global platforms—International Test Commission (ITC) and International Congress of Psychology (ICP).

- It marked the company's first academic contribution on the topic at an international forum and was well received by the global research community, enhancing its visibility in applied psychometrics and cybersecurity.

2024 **Mercer Mettl Spot Award**

Spot Award for contribution to the BPS Certification of the company's flagship personality assessment tool.

Issued by: Dr Rob Bailey, Global Head of Research, Mercer Mettl

- Contributed to the successful British Psychological Society (BPS) certification of the Mettl Personality Map – Likert (MPM-L) by conducting confirmatory factor analysis (CFA), reviewing psychometric properties, and supporting documentation efforts, contributing to the tool's compliance with international assessment standards.

2023 **Mercer Mettl Spot Award**

Spot Award for Exceptional Performance

Issued by: Dr Rob Bailey, Global Head of Research, Mercer Mettl

- Automated over 90% of repetitive tasks by creating Excel Macros, SPSS syntax, and R codes
- Conducted training sessions on psychometric validation of frameworks, focusing on advanced techniques and higher-order analysis (structural equation modelling (SEM), confirmatory factor analysis (CFA), etc.)
- Identified and resolved inefficiencies in screening methods and norming processes, reducing frequent client issues by a significant percentage.
- Developed Best Practices for Data Analysis within the assessment context.
- Played a key role in onboarding and mentoring new team members.

2023 Mercer Mettl Spot Award

Spot Award for Representing India at an International Conference

Issued by: Miss Deepti Namjoshi, Vice President and Consulting Head-Psychometric Assessments, Mercer Mettl

RESEARCH
PROJECT
EXPERIENCE

• **Principal Analyst and Investigator**

2023-2024

Government Project: Investigating the Effectiveness of Traditional Indian Medicinal System *Ayurveda* in Patient Outcomes: Insights from Government Ayurvedic College Hospitals in Uttar Pradesh

• **Principal Investigator (India)**

2023-2024

Indo-Philippines Project: Psychometric Properties and Cross-Cultural Measurement Invariance of the Climate Change Hope Scale in Filipino and Indian Secondary Students

Duties: *Conceptualization*, • *Supervision* • *Project Administration* • *Funding Acquisition* • *Methodology* • *Investigation* • *Formal Analysis*

- Principal Investigator (India)**

International Project: Longitudinal Monitoring of Bio-Psycho-Social-Spiritual Determinants in the Development of Individuals during Adolescence: A Cross-Cultural Study

Duties: *Conceptualization, • Supervision • Project Administration • Funding Acquisition • Methodology • Investigation • Formal Analysis*

2022–2024
- Research Collaborator**

International Project: Development and Testing of Gesture-Based Assistive Technology Device for Blind and Visually Impaired

Duties: *Methodology • Formal Analysis • Writing – Original Draft*

2020–2023
- Principal Researcher and Analyst**

Multi-disciplinary Project: Assessment of prophylactic benefit of Indian Traditional Medicine *Shunthi* (dry Zingiber Officinale) powder against SARS-CoV-2: A Non-Randomized, Open-Label, Single-Arm Public Health Pre-Post Intervention Trial Study and Evidences from Phytochemical Analysis

Duties: *Conceptualization • Methodology • Formal Analysis • Writing – Original Draft • Review & Editing*

2020–2023
- Research Collaborator**

Multinational Project: Global and Cross-Cultural Examination of Stress, Resilience, and Coping amidst COVID-19 Pandemic

Duties: *Conceptualization • Methodology • Investigation • Formal Analysis • Writing – Original Draft*

2020–2021
- Research Assistant**

National Project: Cultural and Psychological Factors in Education of Kharwar Adivasi Children

Duties: *Investigation • Formal Analysis*

2019–2020
- Principal Researcher**

University Project: Adaptation and Initial Validation of the Academic Procrastination Scale (APS) in the Indian Context

2018–2020

Duties: *Conceptualization · Supervision · Project Administration · Methodology · Investigation · Formal Analysis · Writing – Original Draft*

RESEARCH INSTRUMENT

(Development &
Psychometrics)

Climate Change Hope Scale (Hindi)	Completed
Translation, Adaptation, and Initial Validation, and Equivalence in the Indian Context	
Cyberchondriasis Severity Scale (CSS-H)	Completed
Translation, Adaptation, and Initial Validation in the Indian Context	
Subjective Experiences in Intergenerational Interaction Scale	Completed
Development and Validation in the Indian Context	
Leader-Member Exchange (LMX) Scale	Completed
Adaptation and Validation in the Indian Context	
Academic Procrastination Scale (APS-H)	Completed
Translation, Adaptation and Initial Validation in the Indian Context	

INVITED TALKS/ WORKSHOPS/ TRAINING

- Invited Speaker, Guest Lecture** August 24, 2024

Lovely Professional University, Punjab

Webinar: Basics of Fundamental, Applied, & Action Research(*Target Audience*: Students, Scholars, and Faculty)
- Invited Speaker, Guest Lecture** May 22, 2024

Lovely Professional University, Punjab

Webinar: New Career Options in Education Sector
(*Target Audience*: Students, Scholars, and Faculty)

- **Resource Person, Workshop Training** May 18, 2024
Christ University, Delhi NCR

Workshop: *Research Fusion: Bridging Numbers Narratives*

Topic: From Data to Insights: Enhancing Behavioral Science Research with Advanced Regression Models for Decision-Making
(*Target Audience*: Students, Scholars, and Faculty)

- **Resource Person, Workshop Training** May 2, 2024
O.P. Jindal Global University, Haryana

Master Class: Psychometrics for the Industry
(*Target Audience*: Students, Scholars, and Faculty)

- **Invited Speaker, Guest Lecture** April 6, 2024
Lovely Professional University, Punjab

Webinar: Reliability and Validity of Assessment Tools (*Target Audience*: Students, Scholars, and Faculty)

- **Invited Speaker, Guest Lecture** Sept 23, 2023
Lovely Professional University, Punjab

Webinar: Steps Involved in the Formulation of a Questionnaire (*Target Audience*: Students, Scholars, and Faculty)

- **Invited Speaker, Podcast** Sept 10, 2023
BHU: PsyConnect

Topic: Exploring the World of Psychometrics with Ms Aishwarya Jaiswal (*Target Audience*: Students and Faculty)

- **Invited Speaker, Guest Lecture** May 20, 2023

AM Post Graduate College
admitted to the privileges of Banaras Hindu University

Topic: Unlocking the Potential of I/O Psychology:
Innovative Applications and Career Possibilities
(*Target Audience:* Students and Faculty)
- **Invited Speaker, Guest Lecture** Sept 27, 2022

Amity University Jaipur, Rajasthan

Topic: Overview of Softwares used in Statistical
Analysis in Behavioral Sciences (*Target Audience:*
Students and Faculty)

PROFESSIONAL SERVICE

- **International Test Commission** 2024–Present

Scientific Committee
Conference Submission Reviewer
- **International Congress of Psychology** 2024–Present

Advisory Committee
ICP Emerging Psychologist Programme 2028
Melbourne, Australia
- **Frontiers in Public Health** 2023–Present

(ISSN: 2296–2565)
Reviewer
- **Frontiers in Psychology** 2023–Present

(ISSN: 1664–1078)
Reviewer
- **Frontiers in Pain Research** 2022–Present

(ISSN: 2673–561X)
Reviewer
- **Psychological Reports** 2022–Present

(ISSN: 0033–2941; 1558–691X)
Reviewer

• **Psychological Studies** 2022–Present
(ISSN: 0033–2968; 0974 9861)
Reviewer

• **National Academy of Psychology** 2021–Present
Conference Proposal Sub–Reviewer,
Conference Scientific Committee

• **National Academy of Psychology** 2017–Present
Ad Hoc Reviewer, Bulletin of NAOB

UNIVERSITY SERVICE

• **Academic and Peer Mentor** 2019–2023
Courses: *M.A./MSc. (Psychology); Postgraduate
Diploma(s)–Counselling, Guidance and Psychological
Intervention; Counselling and Psychotherapy*

• **Virtual Workshop Facilitator** April 22 – 29, 2021
• Event: *One Week Online Workshop on Soft Skills
for Professional Excellence organized by the Task
Force for Leadership and Skill Development, Faculty
of Social Sciences*

• Event: *Ten-day Virtual International Workshop on
“21st Century skill for Personal and Professional
Life”(Faculty Development Program (FDP)–
equivalent) organized by Rajiv Gandhi University
(Arunachal Pradesh) in association with the Banaras
Hindu University and the Society of Industrial and
Organizational Psychology, India.* Aug 23 –Sept 1,
2021

• **Bilingual Translator and Expert Panel Member** 2018–2020
*Forward– and back translator; Bilingual expert for
research instrument translation, adaptation,
validation, and/or development.*

• **Postgraduate Admission Counselling Volunteer** 2018–2019

*Postgraduate Entrance Test (BHU-PET) Admission
Counselling for courses M.A./ M.Sc. (Psychology)
and Master in Personnel Management And Industrial
Relations (MPMIR)*

• **Committee Member** 2017 –2021

Organizing Committee, Faculty of Social Sciences,
Banaras Hindu University

• **Event Coordinator** 2015 –2017

Department of Psychology, Faculty of Social
Sciences, Banaras Hindu University

• **Core Team Member** 2012 –2015

Event Organization and Management Team,
Department of Psychology, Mahila Mahavidyalaya
(Women's College), Banaras Hindu University

PROFESSIONAL
AFFILIATIONS/
POSITIONS

• **International Test Commission** January 2024–Present

United Kingdom

International Affiliate

Outreach Committee Member

• **Psychometric Society** January 2024–Present

United States of America

Member

• **Cambridge Assessment Network** March 2023–Present

United Kingdom

Member

• **The British Psychological Society,** January 2023–Present

United Kingdom

International Affiliate

• **American Psychological Association,** January 2023–Present

United States of America

International Affiliate

- **Society of Industrial and Organizational Psychology, United States of America** International Affiliate January 2023–Present
- **Association for Psychological Science, United States of America** International Affiliate January 2023–Present
- **Society of Industrial and Organizational Psychology, India** Committee Member, The Organising Committee January 2018–Present
- **National Academy of Psychology, India** Administrative Assistant The Executive Committee December 2017– 2018

OUTREACH EXPERIENCES

- **Campaign Volunteer and Social Activist** 2015–2017

Ek Pahal

Social Activism Group

Mahila Mahavidyalaya (Women’s College),
Banaras Hindu University, Varanasi, India

• *Partook in the petition campaign to raise mass awareness and prevent commercial misuse of the female body.*

• *Over 5000 signatures were collected. National media featured the campaign, and Central and State agencies, including the National Commission for Women (NCW), took cognizance. Administrative action was initiated.*

- **Volunteer and Head Leader**

National Service Scheme

2013–2015

Mahila Mahavidyalaya (Women’s College),
Banaras Hindu University, Varanasi, India

- *Completed 240 community/social service hours wherein organized and coordinated literacy and education, environment conservation, health and hygiene drives, street theatres, and competitions.*
- *A survey concerning basic amenities access was conducted in a village, and irregularities in ration card distribution were identified and reported to concerned administrative authorities.*

PUBLICATIONS

- Simon, P., Pandey, S., **Jaiswal, A.**, Chandra, A., & Srivastava, A. (2024). Psychometric Properties and Cross-Cultural Measurement Invariance of the Climate Change Hope Scale in Filipino and Indian Secondary Students. *IN PRESS*.
- Srivastava, U.R., Mohaley, S., **Jaiswal, A.** & Singh, M. (2024). Development and Validation of Leader-Member Exchange Scale in the Indian Context. *IIMT Journal of Management (IN PRESS)*.
- Jaiswal, A.,** *Corresponding Author*, (2023) Sunthi (dry *Zingiber Officinale*) as a Prophylactic Agent against SARS-CoV 2 Transmission and COVID-19 Symptomatology: Evidence From a Non-Randomized Single-Arm Study. *Journal of Herbal Medicine, 41*.
<https://doi.org/10.1016/j.hermed.2023.100712>
- Jaiswal, A.**, Das, S., Arya, Y.K., Verma, S.K., & Singh, T. (2023). Behavioral Immune System, Psychological Immune System, and General Psychophysical Health during COVID-19 Pandemic: A Qualitative Exploration. *Mind and Society, 12* (1).
- Jaiswal, A.**, Singh, Y., Srivastava, A., & Singh, S.K. (2022). Big-Five Personality Traits, Self-Compassion and Mental Health among University Students. *Mind and Society, 11* (2).
- Jaiswal, A.**, Singh, T., & Arya, Y. K. (2022). Digital Social Connections as the “New Social Cure” to shield Psychological Immunity during the Novel Coronavirus (2019-nCoV) Crisis. In *Adaptability in Crisis: A Psychological Perspective* (1st ed., Vol. 1, pp. 1-10). Kumud Publications, New Delhi.
- Modanwal, G., Rai, S. B., **Jaiswal, A.**, Singh, T., & Sarawadekar, K. (2022). Can Visually Impaired Use Gestures to Interact With Computers? A

Cognitive Load Perspective. *IEEE Transactions on Human-Machine Systems*, 1-9. DOI: 10.1109/THMS.2022.3144002.

Singh, T., Mittal, S., Sharad, S., Bhanot, D., Das, S., Varma, R., Kaur, H., Merwal, U., Arya, Y.K., Verma, S.K., **Jaiswal, A.**, & Bharti, B. K. (2022). The silver lining behind the dark cloud: Exploring the psycho-social factors impacting successful adaptation during the COVID-19 pandemic. *Journal of Pacific Rim Psychology*, 16, 18344909221102207.

Jaiswal, A., Arya, Y. K., & Singh, T. (2021). Promoting Workplace Health: A Positive Occupational Health Psychology Perspective. In *Emotion, Well-Being, and Resilience: Theoretical Perspectives and Practical Applications* (pp. 309-322). Apple Academic Press. <https://doi.org/10.1201/9781003057802>

Jaiswal, A., Singh, T., & Arya, Y. K. (2021). Breaking the Silence: A Counter to the Menstrual Menace in India. In *Mental Health Psycho-Social Perspectives Volume 6: Women Mental Health* (Vol. 6, pp. 305 - 327). Concept Publications, New Delhi.

Jaiswal, A., Singh, T., & Arya, Y. K. (2021). Machocracy in Lyrics: A Gizmo towards Vilification of Women. In *Mental Health Psycho-Social Perspectives Volume 6: Women Mental Health* (Vol. 6, pp. 328-338). Concept Publications, New Delhi.

Jaiswal, A., Singh, T., & Arya, Y. K. (2021). Techie to Techno-addict: Uncovering the Veiled Switch in Children. In *Mental Health Psycho-Social Perspectives Volume 5: Adolescents and Children Mental Health* (Vol. 5, pp. 342-356). Concept Publications, New Delhi.

Jaiswal, A., Singh, T., & Arya, Y. K. (2020). "Psychological Antibodies" to Safeguard Frontline Healthcare Warriors Mental Health Against COVID-19 Pandemic-Related Psychopathology. *Frontiers in Psychiatry*, 11. <https://doi.org/10.3389/fpsy.2020.590160>

Jaiswal, A., Sinha, S., & Singh, S. K. (2016). OCEAN Personality Traits, Emotional Quotient and Academic Success Among Higher Secondary Students. *Indian Journal of Social Sciences Researches (IJSSR)*, 13(1 & 2), 122-128.

Manuscript
in Preparation

Jaiswal et al., Passion for Teaching and Educator Stress: An examination into the role of Academic Optimism and Cognitive Engagement (Under Review)

Jaiswal et al., The Academic Procrastination Scale: Initial Indian Validation (Submitted)

RESEARCH PRESENTATIONS

Global

Jaiswal, A. (2024, July 22). *The Human Firewall Advantage: Integrating Personality for Effective Cybersecurity Risk Management in Organizations*. International Congress of Psychology (ICP), Prague, Czech Republic.

Jaiswal, A. (2024, July 26). *The Vanguard of Work: Designing the Future with Human-AI Synergy*. International Congress of Psychology (ICP), Prague, Czech Republic.

Jaiswal, A. (2024, July 3). *Fortifying the Human Firewall: Development and Validation of a Personality-Based Organizational Cybersecurity Risk Assessment Framework*. International Test Commission Conference (ITC), Granada, Spain.

Jaiswal, A. (2023, July 4). *What does the Psychological Vaccine against COVID-19 entail? Discerning the Psychological Immune Antibodies*. European Congress of Psychology (ECP), Brighton, United Kingdom.

Jaiswal, A., Arya, Y.K., & Singh, T. (2023, March 11). *Biopsychosocial-Spiritual Correlates of Psychological Immunity: An Explorative Study*. International Convention of Psychological Science (ICPS), Brussels, Belgium.

Jaiswal, A., Das, S., Awasthi, A., & Singh, T. (2021, July 18-23). The Academic Procrastination Scale: Initial Indian Validation. [Paper presentation (Virtual)]. 32nd International Congress of Psychology (Charles University), Prague, Czech Republic.

Jaiswal, A. (2021, July 18-23). *Teacher's Psychological Immunity, Organizational Climate, Immune Functioning and Well-Being* [Poster Presentation (Virtual)]. 32nd International Congress of Psychology (Charles University), Prague, Czech Republic.

India

- Jaiswal, A.,** Singh, T., Arya, Y.K., Kaur, H., & Varma, R. (2022, May 30–31). *Behavioral Immune System, Psychological Immune System, and General Health: A Qualitative Exploration during COVID-19 Pandemic*. [Paper presentation]. Two-Day National / International Conference On “Psycho-Social Changes In Organizations and Society During Pandemic Times (University of Allahabad), Prayagraj, India.
- Jaiswal, A.** (2022, April 18–19). *Psychological Immune System: Biopsychosocial-Spiritual Correlates and Psychophysical Health and Well-being Outcomes*. National Conference on Psychology and its Role in Human and Societal Development (University of Delhi), Delhi, India.
- Jaiswal, A.,** Singh, T., & Arya, Y. K. (2019, December 22–24). *Gamification as a Behavioural Engineering Modus Towards Optimizing Workplace Engagement: A Structural Equation Modelling Approach*. [Paper presentation]. XXIX Annual Convention of National Academy of Psychology (NAOP), India & International Conference on Making Psychology Deliverable to the Society (Pondicherry University), Union Territory of Puducherry, India.
- Jaiswal, A.** (2019, November 1–2). *Motivating Consumer Innovativeness: A Neurological Perspective Utilising Reinforcement Sensitivity Theory (RST)*. 3rd Indian Congress of Industrial and Organizational Psychology (3rd ICIOF 2019) (Guru Nanak Dev University), Amritsar, Punjab, India.
- Jaiswal, A.** (2019, November 1–2). *Psychological Immune System: Psychological Correlates and Impact on Teacher Well-Being*. 3rd Indian Congress of Industrial and Organizational Psychology (3rd ICIOF 2019) (Guru Nanak Dev University), Amritsar, Punjab, India.
- Jaiswal, A. & Sinha, S.** (2018, February 27–28). *Personality Traits, Emotional Intelligence and Academic Achievement of Higher Secondary Students* [Paper presentation]. 2nd National Conference on Recent Advances in Cognition and Health (Department of Psychology, Banaras Hindu University), Varanasi, Uttar Pradesh, India.
- Jaiswal, A. & Singh, T.** (2018, January 30–31). *Impact of Academic Optimism, Work Passion and Cognitive Engagement on Occupational Stress among School Teachers* [Paper presentation]. 1st Indian Congress of Industrial & Organizational Psychology on Changing Landscape and Future of I/O Psychology (University of Rajasthan), Jaipur, Rajasthan, India.

- Jaiswal, A.** (2017, December 22–24). *Reinforcement Sensitivity Theory (RST) at Work: A Review into the workplace implications of RST* [Paper presentation]. 27th Annual Conference of National Academy of Psychology (Indian Institute of Technology (IIT) Kharagpur), Kharagpur, West Bengal, India.
- Jaiswal, A.** (2017, March 3–4). *Military Psychology: Scope and Contemporary Issues* [Paper presentation]. National Conference on Expanding Frontiers of Applied Psychology: Golden Jubilee Celebration of Department of Applied Psychology (University of Calcutta), Kolkata, West Bengal, India.
- Jaiswal, A.** (2017, February 26–27). *Consumer E-Commerce Adoption: Underlying Beliefs and Psychological Dynamics* [Paper presentation]. National Seminar on Innovative Business Practices for Contemporary Growth and Sustainable Development (Raj School of Management and Sciences), Varanasi, Uttar Pradesh, India.
- Jaiswal, A.** (2017, February 18–19). *Organizational Spirituality at Workplace: Underlying Psychological Dynamics* [Paper presentation]. International Conference on Spirituality & Skill for Leadership and Sustainable Management (School of Management Sciences), Varanasi, Uttar Pradesh, India.
- Jaiswal, A.** (2017, February 10–11). *Social Sustainability at Workplace: A Review into the role of Spirituality* [Paper presentation]. All India Conference “Rethinking Development: Social Development Today” – State, Industry, Civil Society in India (Department of Sociology, Banaras Hindu University), Varanasi, Uttar Pradesh, India.
- Jaiswal, A.** (2016, April 2–3). *Positive Social Engagement in Harmonious Inter-Communal Relation: The Example of Hindu-Muslim in India* [Paper presentation]. International Seminar on Indian Mind and Societal Concern: An Interdisciplinary Dialogue (Ramanujan College, University of Delhi), Delhi, India.

CONFERENCE PARTICIPATION

International Meeting of Psychometric Society (IMPS), Prague University of Economics and Business, Prague, Czech Republic, 16th–19th July, 2024.

Cambridge Schools Conference (Online). Artificial Intelligence in Education – Friend or Foe? Communication Cambridge's Approach to Generative AI", 18th March, 2024.

New Horizons in Psychological Assessments, European Federation of Psychologists' Association and University of Padova, Italy, 22nd – 23rd September, 2023.

WORKSHOPS & TRAINING

Ensuring Validity, Reliability, and Fairness in 'Competence' Based Assessments, Cambridge Assessment Network, 21st February, 2024.

Seven-Day Online International Workshop on Applied Research Methodology, Department of Humanities and Social Sciences, Motilal Nehru National Institute of Technology (MNNIT) Allahabad, Prayagraj, India, 27th June–3rd July 2022.

One Week Online Workshop on Soft Skills for Professional Excellence, Task Force for Leadership and Skill Development, Faculty of Social Sciences, Banaras Hindu University, Varanasi, India, 22nd – 29th April 2022.

Workshop on Advanced Qualitative Research Methods in Psychology (AQRMP), National Academy of Psychology and Jawaharlal Nehru University (NAOP–JNU) Workshop Series under ARTS, 23rd October–1st November 2021.

Ten-day Virtual International Workshop on 21st Century Skill for Personal and Professional Life, Rajiv Gandhi University (Arunachal Pradesh), Banaras Hindu University (Uttar Pradesh) and Society of Industrial and Organizational Psychology (India), 23rd August–1st September 2021.

A Two-Day National Workshop on Research Methodology for Social Sciences, Department of Psychology, Patna College, Patna University, Patna and Indian Academy of Health Psychology, 27th – 28th September 2019.

National Workshop on Addiction Management: Spectrum & Strategies, Department of Psychology, Arya Mahila P.G. College, (admitted to the privileges of Banaras Hindu University), Varanasi, India, 29th October 2018.

Editorial Workshop How to Publish with Taylor & Francis, Faculty of Social Sciences, Banaras Hindu University & Taylor & Francis Group, 25th October 2018.

Proquest Workshop Beyond Boundaries – Uncover Research with ProQuest, Banaras Hindu University, 15th October 2018.

Orientation Workshop on Dance & Art Therapy in Mental Health conducted by Ms. Ireen Krekelberg at Anvita–An All Women Rehabilitation Centre,

Chunar, Mirzapur, 2nd October 2018.

Seven Days National Workshop on Research Methods and Statistical Measures in Behavioral Sciences, Department of Physical Education and Yoga, Mahatma Gandhi Kashi Vidyapeeth, Varanasi, 8th-14th February 2017

National Workshop on Social Exclusion and Social Inclusion, Centre for Study of Social Exclusion and Inclusive Policy, Faculty of Social Sciences, Banaras Hindu University, Varanasi, India, 28th January-3rd February 2017.

Two Days Clinical Skill Training on Cognitive Behavior Therapy, Department of Psychology, DAV PG College (affiliated to Banaras Hindu University), Varanasi, India, 12th-13th November 2016.

Self-Financed Short-Term Training Program on Qualitative Research Methods, School of Management Studies, Motilal Nehru National Institute of Technology (MNNIT), Allahabad, India, 18th-24th October 2016.

One Day Workshop on I.Q. Assessment, Rupa Psychological Centre, Varanasi, 25th September 2016.

One Day Workshop on Discovering and Developing Talents and Career Skills, Department of Psychology, Banaras Hindu University, Varanasi, 17th March 2016.

NON- CONFERENCE PARTICIPATION

Webinar: Indigenous Approaches to Assessment. Organized by the International Test Commission, June 5, 2025

Webinar: Test Adaptation Reporting Standards (TARES). Organized by the International Test Commission, May 8, 2025

Webinar: Validity and Fairness Considerations in Innovative Digital Assessments. Organized by the International Test Commission, April 3, 2025

Webinar: ITC Guidelines for Cross-Cultural Testing. Organized by the International Test Commission, March 29, 2024

Panel Discussion: Opportunity and Challenges: The Ethical Implications of Generative Artificial Intelligence for Psychologists, The American Psychological Association, 19th October, 2023

Webinar: Aging in the 21st Century: Opportunities and Challenges by Prof. Peter Martin, IOWA State University, USA. Organized by the Developmental Psychology Division of the National Academy of Psychology (NAOP), India, January 8, 2022

Virtual Event: Early Career Marathon: Integrating Research and Practice: 24 hours of Applied Psychology from around the world, October 16-17, 2021

Webinar: High-Level Political Forum 2021. 'Building Back Better' after COVID-19 through Addressing Health Equity, Mental Health and Well-

Being: Contributions of Psychological Science and Practice to Leave No One Behind, July 15, 2021

Webinar: UNICEF USA EducationX: The Role of Education in Himalayan Region, June 12, 2021

National-level Lecture on Qualitative Research Methods (Virtual) by Dr. Tushar Singh, Assistant Professor, Banaras Hindu University. Organized by the Department of Human Development And Family Studies, College of Community Science, Assam Agricultural University, Assam, February 17-18, 2021

Webinar: UN75 The Multilateralism We Want: Psychological Contributions to Building Bridges Among and Within Nations, May 27, 2020

Special Lecture: Creating a Mindset for Positivity, Happiness, and Success by Dr. Vijay Rana, ex-Editor, BBC London. Organized by Malviya

Centre for Ethics and Human Values, Banaras Hindu University, February 20, 2020

International Symposium on Childhood Maltreatment and Mental Health, Department of Psychology, Banaras Hindu University, 12th February 2020

Gale Symposium on Digital Humanities, Faculty of Social Sciences, Banaras Hindu University, 8th September 2018

National Symposium on How to Face Interviews in Social Sciences and Other Disciplines, Department of Political Science, Banaras Hindu University, 28th December 2016

MEDIA COVERAGE

Print Media

- Commendations for publishing first-of-its-kind interdisciplinary research on ethnomedicine in the official journal of the National Institute of Medical Herbalists (NIMH, UK), the United Kingdom's leading body for herbal practitioners. Featured on September 3, 2023, in:

- The Times of India
- Hindustan Times
- Dainik Jagran
- Hindustan
- Amar Ujala
- Kashi Varta (Regional)

- Commendations for recognition by the Hon'ble Chief Secretary of Government of Uttar Pradesh for leading and submitting a groundbreaking longitudinal research report on government hospitals and facilities across Uttar Pradesh, under his esteemed leadership and guidance. Featured on July 29, 2023, in:

- The Times of India
- Hindustan Times
- Dainik Jagran
- Hindustan
- Amar Ujala
- Sahara News
- Janwarta News
- Kashi Varta (Regional)

- Commendations for recognition by the Ministry of AYUSH for significant contributions to a government initiative aimed at fostering awareness and evaluating the effectiveness of Indian Traditional Medicines in the COVID-19 context. Featured on July 17, 2023, in:

- Doordarshan Uttar Pradesh (TV Media)
- The Times of India
- Hindustan Times
- The Pioneer
- Dainik Jagran
- Hindustan
- Amar Ujala
- Hindustan News Network
- Dainik Bhaskar

- Janwarta News
- Jan Sandesh Times
- Rashtriya Sahara

• Guest Lecture at AMPG College, Banaras Hindu University, May 20, 2023, featured in Amar Ujala, on May 21, 2023

• Bursary Award by the British Psychological Society for European Congress of Psychology 2023 featured on May 17, 2023, in

- The Times of India
- Hindustan
- Dainik Jagran

• Presentation in International Convention of Psychological Sciences (ICPS) 2023 featured on March 19, 2023, in

- The Times of India
- Hindustan
- Dainik Jagran

• Research and interview on novel gesture-based human-computer interaction technique for blind and visually impaired featured on June 17, 2022, in

- The Times of India
- Amar Ujala
- Rashtriya Sahara
- Hindustan
- Kashi Vaarta (Regional)

• Research on novel gesture-based human-computer interaction technique for the blind and visually impaired, together with updates about the development of an assistive device for those with visual impairment featured in Dainik Jagran, May 15, 2022.

Electronic News

• Bursary Award by the British Psychological Society for European Congress of Psychology 2023 featured on May 17, 2023, in

- [Dainik Bhaskar](#)
- [Live Hindustan](#)
- [LiveVNS](#)

- Presentation in International Convention of Psychological Sciences (ICPS) 2023 featured in [Times of India](#), March 19, 2023
- Research on novel gesture-based human-computer interaction technique for blind and visually impaired featured on [TimesofIndia.com](#), June 17, 2022
- Research on novel gesture-based human-computer interaction technique for blind and visually impaired featured on June 16, 2022, in
 - [Patrika.com](#)
 - [Bhaskar.com](#)
 - [IndiaEducationDiary.in](#)
- Research on novel gesture-based human-computer interaction technique for blind and visually impaired featured in [NewsNationTV.com](#) on June 14, 2022
- Research on novel gesture-based human-computer interaction technique for blind and visually impaired featured on [Jagran.com](#), May 14, 2022

Social Media

- Banaras Hindu University (BHU) commended the publication of first-of-its-kind interdisciplinary research on ethnomedicine in the official journal of the National Institute of Medical Herbalists (NIMH, UK), the United Kingdom's leading body for herbal practitioners, September 3, 2023, on Banaras Hindu University's Official:
 - Twitter Handle
 - [LinkedIN Account](#)
 - [Instagram](#) Account
 - [Facebook](#) Page
- The Hon'ble Chief Secretary of Uttar Pradesh commended the submission of a groundbreaking longitudinal research report on government healthcare facilities in Uttar Pradesh, conducted under his guidance, July 27, 2023, on this official [Twitter](#) Handle.
- Banaras Hindu University (BHU) commended my recognition by the Ministry of AYUSH for contributing to a government

initiative that assisted in fostering awareness and assessing the effectiveness of Indian Traditional

Medicines in the context of COVID-19, July 17, 2023, on BHU's Official:

- Twitter Handle
- [Instagram](#) Page
- [Facebook](#) Page

• Banaras Hindu University (BHU) commended the Winning of the Bursary Award by the British Psychological Society and the 18th European Congress of Psychology, March 19, 2023, on BHU's Official:

- [Twitter](#) Handle
- [LinkedIN](#) Account
- [Instagram](#) Page
- [Facebook](#) Page

• Banaras Hindu University (BHU) commended the Research Presentation at the International Convention of Psychological Sciences (ICPS) 2023, March 19, 2023, on BHU's Official:

- [Twitter](#) Handle.
- [LinkedIN](#) Account
- [Instagram](#) Page
- [Facebook](#) Page

• Research Findings on novel gesture-based human-computer interaction technique for blind and visually impaired, June 16, 2022, featured on BHU's Official:

- [Twitter](#) Handle
- [LinkedIN](#) Account
- [Instagram](#) Page
- [Facebook](#) Page

INTERPERSONAL COMPETENCIES

- Communication
- Rapport Building
- Public Speaking
- Critical Thinking
- Mentoring
- Teamwork
- Leadership
- Problem-Solving
- Resiliency
- Flexibility
- Emotional Intelligence
- Time Management

REFERENCES[#]

[#] Available upon request.

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